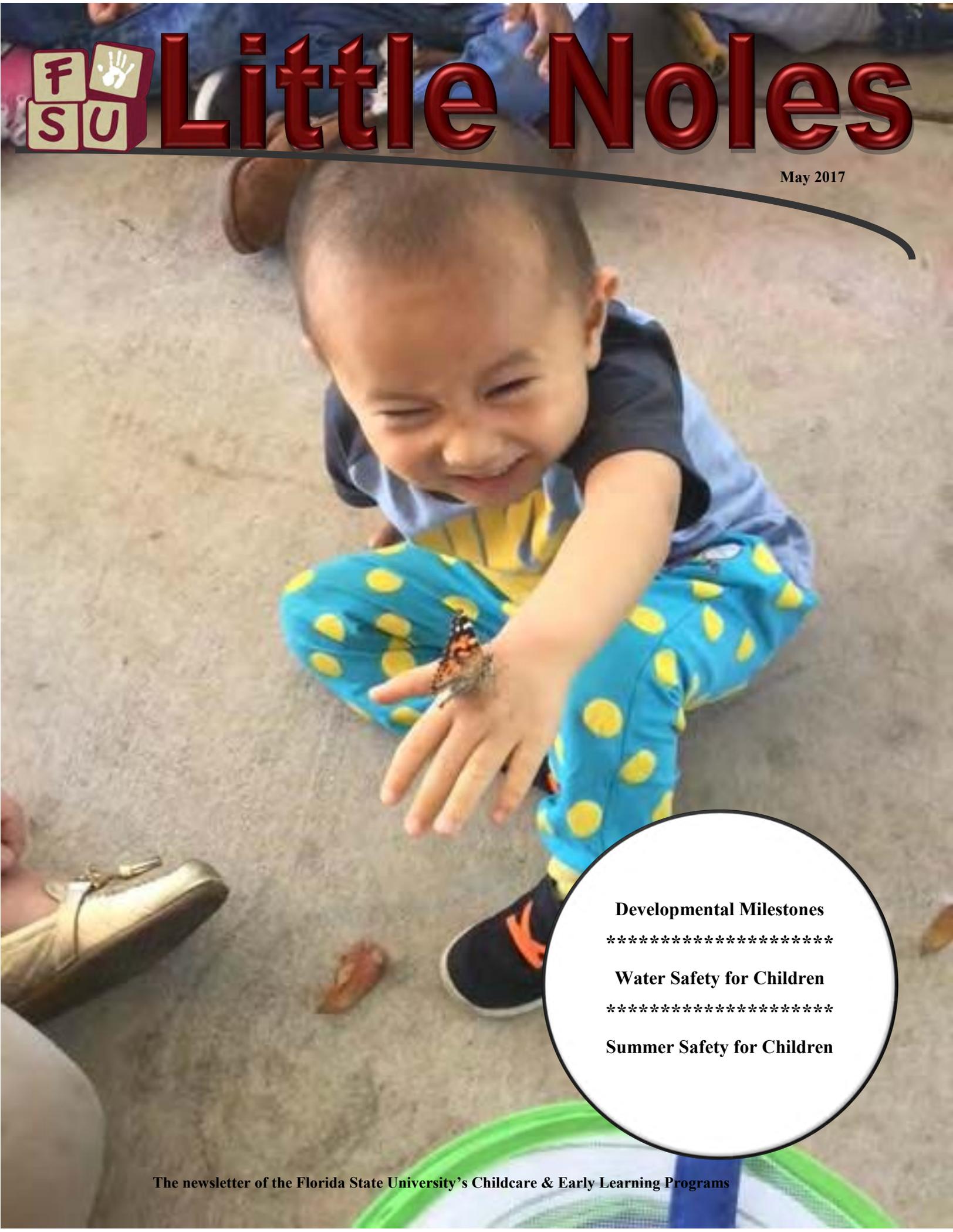




Little Noles

May 2017



Developmental Milestones

Water Safety for Children

Summer Safety for Children

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Semester Calendar		
<i>* The program follows the University calendar and is closed when the university is closed.</i>		
Semester	Semester Dates	Closures
Summer 2017	5/15/17-8/4/17	5/29/17 7/4/17
Fall 2017	8/28/17-12/15/17	9/4/17 11/10/17 11/22/17-11/26/17 12/16/17-1/6/18
Spring 2018	1/8/18-5/4/18	1/1/18-1/6/18 1/15/18 3/12/18-3/16/18

REMINDERS

Withdrawal Notices are due 30 days in advance of your child's last day of attendance in the centers. Tuition is charged for 30 days once the notice is received. Withdrawals are to be submitted the website at https://fsu.qualtrics.com/jfe/form/SV_1MoXBhtcRD3d8kR

Parent Column

Contact directors if you wish to submit a column for the newsletter. Submissions due a month in advance on the 15th.

Requests for posting tuition early

If you have a special circumstance that requires your tuition to be posted prior to the 1st of each month please email your request including when you need the tuition posted and the reason for early posting.

Tuition Rates.

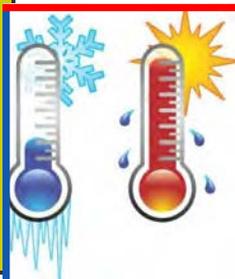
Tuition rates are assessed according to parent status. Non-refundable registration fee \$20 upon enrollment and each Sept. 1, thereafter. Tuition is calculated on 44 weeks of care divided over 12 months. Tuition is due on the first day of the month; late by the 10th day.

School Readiness Subsidies.

Parents will be responsible for paying the full amount of tuition at the stated rate above before the 10th of each month. Any subsidies from the School



The NAEYC for Families website at <http://families.naeyc.org/> offers a wealth of information and resources for parents of young children. *Families Today* features articles from Dr. T. Berry Brazelton and Dr. Joshua Sparrow. Dr. Brazelton, renowned pediatrician and behaviorist and child development expert, and Dr. Sparrow, child psychiatrist, offer parents reassuring information and tips on the developing child.



Make sure your child has an appropriate change of clothes in his/her cubby for the changing weather. Thank you.

Hours of Operation

Monday-Friday
7:30 AM- 5:30PM

Main Office

157-01 Herlong Drive
Tallahassee, FL 32310-4174
850-644-7970

Associate Director, Tiffany Karnisky
Program Associate, Brenda Thompkins
Grants Analyst, Bill Stacey

Infant and Toddler Center

DCF License #C02LE0260
330 Pennell Circle #1
Tallahassee, FL 32310
850-644-0003

Center Director, Dana O'Connor

Children's Center

DCF License #C02LE0519
169 Herlong Drive
Tallahassee, FL 32310
850-645-9576

Center Director, Beth Roberts

🔗 **Menus:** <http://childcare.fsu.edu/For-Parents>

🔗 **Online Comments/Suggestions Box**

https://fsu.qualtrics.com/jfe/form/SV_8A44fzs9taRgnnn

The Little Noles is a monthly publication of The FSU Child Development Programs, 157-01 Herlong Drive, University Housing, Florida State University, Tallahassee, FL 32310-4174, (850) 644-7970.

The information contained herein is considered adequate notification of activities, tuition notification and policies and procedures. The Little Noles is also available in alternative formats upon request. Material submitted for publication must be type-written and submitted by the 15th of each month. The Little Noles is distributed to the parents of The FSU Child Development Programs, selected university administrators, staff, and support personnel.

Program fees	
Annual Registration Fee <i>Charged at Enrollment & every September</i>	\$20
Late Tuition Fee <i>Tuition paid after the 10th of the month</i>	\$10
Returned Check Fee/Insufficient Funds	\$25
Late Pick-up Fee <i>Any portion of first 5 minutes after 5:30 PM /Per minute after 5:35 PM</i>	\$5.00 \$1.00
Effective September 1, 2016 Tuition rates will be charged for 12 months instead of 11 months	

Tuition Rates	
Infant and Toddler Center	
Alumni/Community	\$764
Faculty & Staff	\$700
FSU Student	\$626
Military Connected student family	\$564
Pell recipient/eligible student	\$501
Children's Center	
Alumni/Community	\$811
Faculty & Staff	\$602
FSU Student	\$505
VPK No longer offered	



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Congratulations Graduates

The end of each semester is always bittersweet. It is a time when everyone is excited about graduating because, finally, years of hard work has paid off and a new adventure is on the horizon. Although we are all proud of your accomplishments and wish you all the best, we have a hard time saying goodbye. After all, we have been apart of your lives for so long. We have seen your good days and those not so good days. Not only are we saying goodbye to you we are saying goodbye to the most precious of the “Nole community, your children. It is hard.

The bond between the teachers and the children is a special one. It wasn't until recently that I realized just how much the teachers loved the children in their care. Of course I knew this, but had not witness it first hand. I remember going to the Infant and Toddler Center a few months ago and a teacher was sitting at the front desk. She usually bright and happy. This day she was not. When I asked her what was wrong she said she had been crying because it was one of her students last day and that the family had brought him by to say goodbye. It was then I realized that this happens every semester and how hard it can be not only for our families but for our teachers to have to let go.

And just today while sitting in the Children's Center with a teacher, child on her lap, we were talking about which children were moving on to a new school. When she mentioned the name of a school, the child said he was going to that school. She told him yes he was. Then he asked her “Will you miss me?” She told him she would and asked him the same. He said “Yes”. She asked him where he would keep her. He said at his

house. We laughed and she told him not at your house, in your heart. He said that he would keep her in his heart.

Saying goodbye is never easy but it is a part of the growing process of life. To our teachers, when you have to say goodbye, remember that you have prepared these little individuals for their next step and that you should be proud to have influenced their lives and instilled in them a love for learning and exploration. They are well prepared. To our families and children, remember that you will never be forgotten. And you will always be a part of each teacher's heart.

We wish you all the best as you move to the next phase. And we will not say goodbye but “Until our paths cross again.”

Welcome New Families

We would like to welcome all of our new families that are enrolling this semester. You and your child are beginning a new adventure and we are excited to be on this journey with you. We are looking forward to getting to know you and your child.

If this is your child's first time in school, we would like to offer you some tips for their transition over the first few weeks. Ensuring a smooth transition for your child is just as important to their education as the skills they learn at school. A successful transition starts before the first day of school. Taking time to help your child prepare for school in an intentional and positive way will reduce both the stress and anxiety you and your child feel. It will provide them with confidence in handling new situations and foster a life-long love of learning.

- **Talking with your child** about his/her new school will help

prepare them for a new setting. Be positive and talk about all the exciting things your child will be doing at school-meeting new friends, new toys to play with, new books to read, etc. Discuss the classroom schedule and use your child's teacher's name. If your child expresses fear about going to school, listening to your child will help you come up with ways to alleviate their fears. Many times just talking about it can help. The more your child knows about his/her school the more comfortable he/she will be when the big day comes.

- **Read books** with your child about the first day of school.
 - Children learn a lot through their **imagination and dramatic play**. Set up a pretend classroom. Use stuffed animals and toys as playmates. Dress the part. Take turns letting your child be the teacher and you being the child. Pretend play will provide your child will the verbal and social skills that he/she will use at school. This will also allow you and your child to act out and resolve any fears they may have about going to school. In short, your will be providing your child with important coping skills to deal with new situations (problem solving) that they will encounter now and in the future.
 - Avoid changing your child's routine or environment drastically. When your child is starting school for the first time big changes can create anxiety. If your child sleeps in a crib or toddler bed, wait until they are settled at school before switching to a bigger bed. Gradual changes to your child's routine
- Continued on next page*

to get them for their new schedule can be beneficial especially if they are used to staying up late or sleeping in. Slowly moving your child's bath, bed and wake up routine to an earlier time will ensure that over a few days or weeks your child will be adjusted to the routine and ready for the first day of school. It will also help you adjust your routine and avoid a mad dash in the mornings.

- Make sure that your child has had a **good night's sleep** and that you give yourself plenty of time in the morning. Rushing your child and yourself will only heighten the stress you and your child feel. Feed your child a light breakfast, even if your child will be eating breakfast at school. A well-rested and nourished child will help prevent morning meltdowns.
- **Separation anxiety** is a normal part of a child's development. Some tears and/or tantrums can be expected. This typically last for only a few minutes before children settle into their new classroom, friends and activities. Start by controlling your own anxiety about the separation. Controlling your own fears and sadness will have a tremendous effect on your child's ability to say good bye. Remain calm and positive. You want your child to feel that they are safe at their school and that you feel that same way. Remind yourself that you have made the right decision in your school choice.
- Keep **goodbyes** short and sweet. Prolonging a goodbye sends the message that you are not confident in your child's new school. This does mean you should drop and dash or sneak out.

This can damage your child's trust in you and lead your child to feel that you will sneak away again, causing him/her to be extra clingy at school drop off and other places. Keep a smile on your face and a positive attitude. Reassure your child that you will return at the end of the day. Once you have said goodbye, leave. Avoid the temptation to linger or return to the classroom. This will only prolong your child's adjustment period. Parents are always welcome to call to see how their child is doing at any point in the day. Parents are also welcome to use the observation rooms at any time.

- **Picking up your child** on time or even early will reinforce that you will return. Always show your child you are excited to see him/her again. Tell your child that you missed him/her and

you can't wait to hear about their day. Ask about their
Continued on page 17



Developmental Milestones: Social and Emotional

2 Months

- Begins to smile at people
- Can briefly calm self
- Tries to look at parent

4 Months

- Smiles spontaneously, especially at people
- Likes to play with people and might cry when playing stops
- Copies some movements and facial expressions, like smiling or frowning

6 Months

- Knows familiar faces and begins to know if someone is a stranger
- Likes to play with others, especially parents
- Responds to other people's emotions and often seems happy
- Likes to look at self in a mirror

9 Months

- May be afraid of strangers
- May be clingy with familiar adults
- Has favorite toys

1 Year

- Is shy or nervous with strangers
- Cries when mom or dad leaves
- Has favorite things and people
- Shows fear in some situations
- Hands you a book when he wants to hear a story
- Repeats sounds or actions to get attention
- Puts out arm or leg to help with dressing
- Plays games such as “peek-a-boo” and “pat-a-cake”

18 Months

- Likes to hand things to others as play
- May have temper tantrums
- May be afraid of strangers
- Shows affection to familiar people

ple

- Plays simple pretend, such as feeding a doll
- May cling to caregivers in new situations
- Points to show others something interesting
- Explores alone but with parent close by

2 Years

- Copies others, especially adults and older children
- Gets excited when with other children
- Shows more and more independence
- Shows defiant behavior (doing what he has been told not to)
- Plays mainly beside other children, but is beginning to include other children, such as in chase games

3 Years

- Copies adults and friends
- Shows affection for friends without prompting
- Takes turns in games
- Understands the idea of “mine” and “his” or “hers”
- Shows concern for crying friend
- Shows a wide range of emotions
- Separates easily from mom and dad
- May get upset with major changes in routine
- Dresses and undresses self

4 Years

- Enjoys doing new things
- Plays “Mom” and “Dad”
- Is more and more creative with make-believe play
- Would rather play with other children than by himself
- Cooperates with other children
- Often can't tell what's real and what's make-believe



- Talks about what she likes and what she is interested in

5 Years

- Wants to please friends
- Wants to be like friends
- More likely to agree with rules
- Likes to sing, dance, and act
- Is aware of gender
- Can tell what's real and what's make-believe
- Shows more independence (for example, may visit a next-door neighbor by himself [adult supervision is still needed])
- Is sometimes demanding and sometimes very cooperative

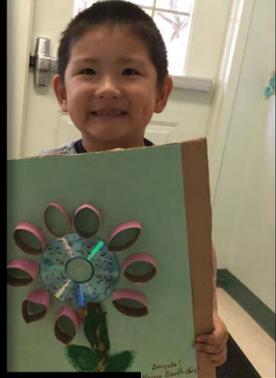
Talk to your child's doctor or nurse if you are concerned about your child not meeting age appropriate developmental milestones.

More information can be found at Learn the Signs, Act Early.
<https://www.cdc.gov/ncbddd/actearly/index.html>

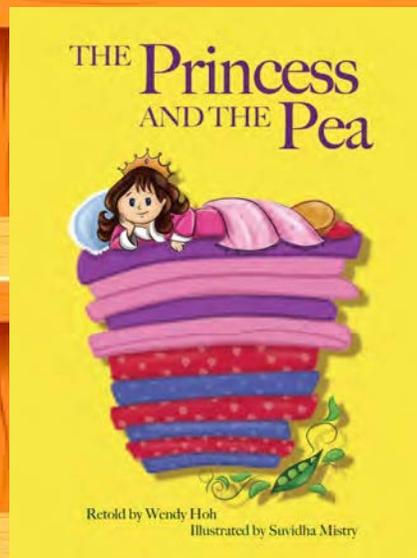
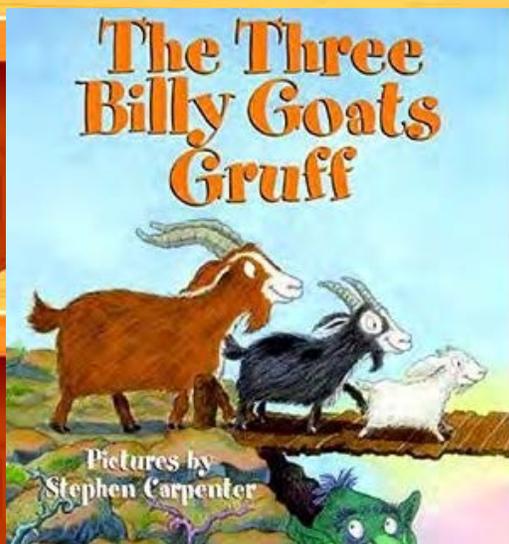
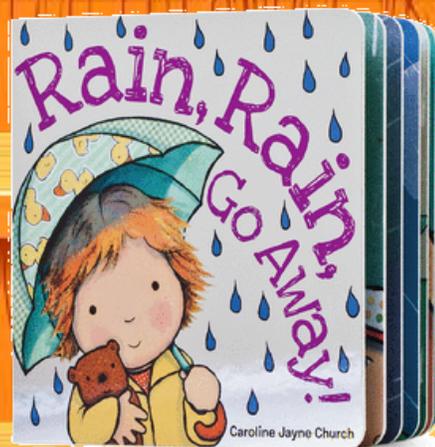
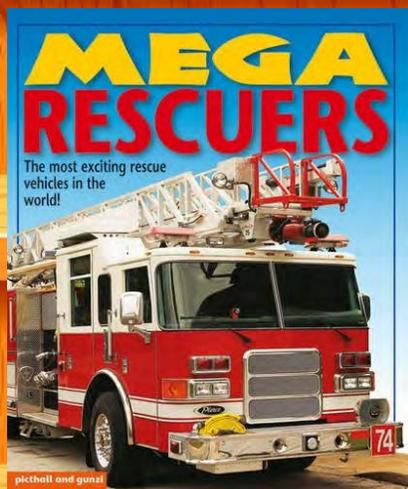
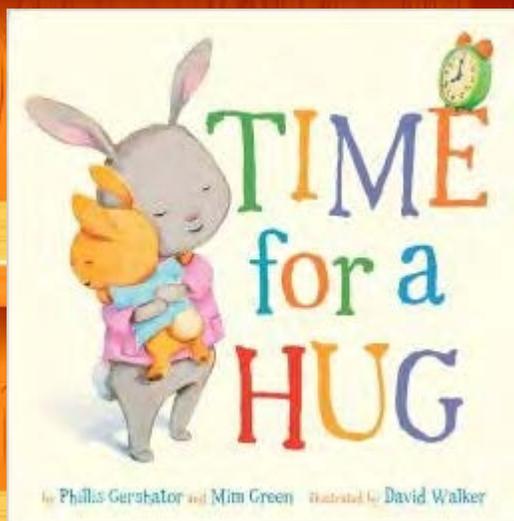
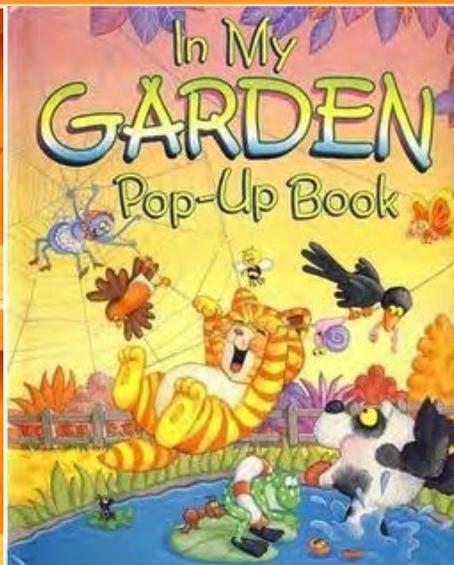
Source: <https://www.cdc.gov/ncbddd/actearly/milestones/index.html>



Farming, Recycling & Earth Day



the bookshelf



Summer Safety Tips For Infants and Toddlers

By: Dana O'Connor

It is that time of year again, time to get outside and enjoy the sunny hot days of summer. Here are some safety tips for Infants and Toddlers at this time of year:

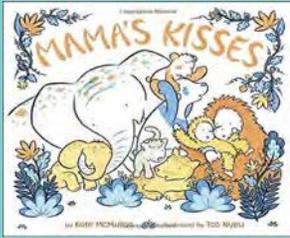
- Babies under one year old should be kept out of direct sunlight. Move your baby to the shade or under a tree, umbrella, or stroller canopy.
- Dress infants and toddlers in light weight clothing. Young infants should wear clothing that covers the arms and legs and use a brimmed hat.
- Apply sunscreen at least 30 minutes before going outside, and use sunscreen even on cloudy days. The SPF (sun protection factor) should be at least 15.
- Use sunscreen whenever you will be in the sun for more that thirty minutes.
- Try to avoid sun during the middle of the day.
- Make sure your child is getting plenty of fluids. This is especially important during the summer. Infants and Toddlers become overheated much faster than adults, they need to drink plenty of water.
- Another good way to cool down is in the sprinkler or baby pool. Make sure your infant or toddler is supervised at all times.
- Last but not least, Never leave your child in a car in summer heat, even if you have the window down. Temperatures in the car escalate very quickly in the heat. On an 85-degree day, the car's inside temperature can reach 102 degrees in 10 minutes. On hot and humid days in direct sunlight, the temperature can rise more than 30 degrees per minute. Also, check the temperature of the car seat before buckling your children in the car.



I ❤️
MOM



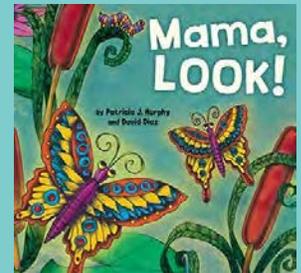
book review



There are countless picture books about mothers and babies, and even more about bedtime, but this charmer is a standout. In a fanciful rain forest, a mama elephant, orangutan, leopard, and monkey decide it's time for their little ones to go to bed. But where are they, those "sleepyheads," those "tired babies"? A two-page spread shows the babies not rubbing their eyes, but strumming mandolins and sword fighting. As the moms seek, the children hide—in the water, in a canoe, and finally under a tent. Once discovered, they realize they are quite tired after all, and soon everyone is dozing in the midst of luxuriant flora. The clever rhyming text, all recited by the mothers, is juxtaposed against the silent yet joyous antics of the kids who are having as much fun fooling their mamas as they are in their play. It's startling to realize the bursting-off-the-page art is only executed in shades of blue, yellow, and orange against white backgrounds; such vibrancy would normally require a rainbow of colors. With its short text and standout art, this will make a great read at storytimes, but parents and children will enjoy its humor and warmth at home as well. — *Ilene Cooper*

www.booklistonline.com

A young boy and his mother carry on a simple conversation about the wonders they observe while on a nature walk. "Mama, LOOK!" the boy says, pointing to a grasshopper on a leaf. A page turn supplies Mama's response, "Grasshoppers," and an illustration depicting these insects at close range. In subsequent spreads, the pair spies ants, butterflies, frogs, fish, ducks, turtles, bunnies, puppies, squirrels, opossums, birds, bees, and, finally, a younger sibling, previously hidden while riding on Mama's back. Murphy's simple call-and-response text will work well for very young listeners, and Caldecott winner Diaz's bold, vibrantly colored illustrations successfully combine his signature stylized art (prominently visible in the trees and plants) with more realistically rendered animals. In most spreads, Mama's identifiers appear on the left, while the child's "Mama, LOOK!" appears on the right, along with a visual hint of the next highlighted animal. A perfect choice for toddler story hours or one-on-one sharing, this is appended with a creators' note and suggestions for a nature walk in the community.— *Kay Weisman*



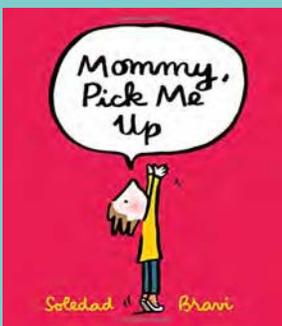
www.booklistonline.com



It's race day! Mama Lion and her young pal Tigey are set to hop in their sports car and take on the Flying Pandinis, Bun Bun on her motorbike, and the unscrupulous Knitted Monkey Crew. As the vehicles fly through the Italian countryside, it is full speed ahead until Tigey swerves to avoid hitting a butterfly, and a wheel comes off. Repairs prove difficult—until the Pandinis stop to offer a helping paw. But not all fellow racers are so considerate. The monkeys, for instance, toss banana peels to foul up their fellow contestants. At the last moment, right when it seems as if Mama Lion and Tigey might win, they let the Pandinis take first place. Mama's explanation about friendship being more important than winning is a bit didactic, but still welcome. Muth's artistic talents are at full speed here. His stuffed animal-like lion and tiger, along with toy characters seemingly drawn from other storybooks, are delights, and racing-lovers will adore the takes on early Italian racing vehicles.

Mostly, though, it's Muth's freedom of art that entrances. The strong palette, perpetual motion, swirls of color, and unexpected perspectives are all underpinned by the solid values of courtesy, respect, and friendship that move gracefully through the story.— *Ilene Cooper*

www.booklistonline.com

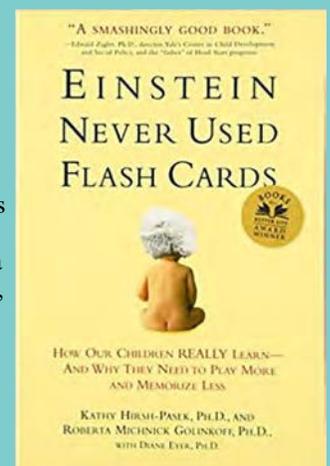


For tired mommies everywhere, this story offers comic relief and perhaps an opportunity to talk to their children about developing independence. A small boy wants his mommy for many reasons—finding the cereal or his clothing, playing or reading together, and seeking comfort when sick, cold, hungry, or troubled by nightmares. Although plenty of demands are being made on poor mom, there are also cozy snuggles that make the rest worthwhile. Slick, humorous cartoon-style illustrations in bright primary colors have appeal for adults and children. Each two-page spread has a solid color background, a picture of the boy, and one or two large speech bubbles. The words are sometimes printed and sometimes in cursive, with the font having the appearance of handwritten marker. While moms may feel rather important after reading this story, the same may not be true for the dads. When the little boy finally seeks out Daddy, it is only to ask, "Where's Mommy?" An unsentimental and funny look at family life. — *Lucinda Whitehurst*

www.booklistonline.com

In *Einstein Never Used Flashcards* highly credentialed child psychologists, Kathy Hirsh-Pasek, Ph.D., and Roberta Michnick Golinkoff, Ph.D., with Diane Eyer, Ph.D., offer a compelling indictment of the growing trend toward accelerated learning. It's a message that stressed-out parents are craving to hear: Letting tots learn through play is not only okay—it's better than drilling academics! Drawing on overwhelming scientific evidence from their own studies and the collective research results of child development experts, and addressing the key areas of development—math, reading, verbal communication, science, self-awareness, and social skills—the authors explain the process of learning from a child's point of view. They then offer parents 40 age-appropriate games for creative play. These simple, fun—yet powerful exercises work as well or better than expensive high-tech gadgets to teach a child what his ever-active, playful mind is craving to learn.

From Publishers Weekly: Authors and child psychologists Hirsh-Pasek, Golinkoff and Eyer join
Continued on page 17



from the classroom

Ms. Emily's Classroom

This semester is coming close to an end! It's bitter sweet seeing all the children grow up and move on to other classes. But, we enjoy seeing them mature and learn new skills as they get older. It's been a fun and entertaining month in the infant classroom. We made artwork which included: bunnies, chicks, a sunflower, and an umbrella with raindrops. We enjoyed reading My Garden Pop-Up Book and Snappy

Little Springtime. The older infants enjoyed crawling outside in the grass area to find Easter eggs. We also celebrated Earth Day by playing outside and watching lizards and bugs crawl around.

During May, our themes will include: May flowers, Mother's Day, Fairy Tale/Nursery Rhymes (castles, dragons, king and queens). Several books we will read are: Hickory, Dickory, Dock by Sanja Rescek, and Are You My Baby by Kathleen Rizzi.

Ms. Taylor's Classroom

During the month of April, our themes were bunnies, Easter eggs, chicks, April showers, Earth Day, and gardening. Our favorite art projects included marble paint bunnies, water color ducks, and a collage of gardening tools. Some of the books we read this month were Where Are Baby's Easter Eggs by Karen Katz, The Tiny Seed by Eric Carle, and Rain Rain Go Away by Caroline Jayne Church.

Throughout the month our class focused on skills we use at the table like drinking from a regular cup, using a spoon, and asking for more food or drink. For example, if a child wanted more crackers we

the Spring Egg Hunt ask one of us and we can print them out or send them via email.

This month Mrs. Taylor and Ms. Marissa began working on the developmental assessments for the children in our class based on their age. We are currently in the process of choosing a new developmental assessment; as a result, we will complete the assessment we are familiar with working with called The Ages & Stages Questionnaire by Diane Becker and Jane Squires. Once completing the assessments, Mrs. Taylor and/or Ms. Marissa will set up a time for a parent teacher conference. During the conferences we will discuss where your child is developmentally, any concerns we have, and answer any questions you may have. This will also give us the opportunity to show you some activities parents can do at home to work on certain developmental skills.

In the month of May, our themes will be fairy tales/nursery rhymes, flowers, and Mother's Day. Some of our art

projects will include castles, kings and queens, and lots of flowers! We also plan completing a special Mother's Day project for the children to take home to their mothers! The books we plan on reading this month are The Three Little Pigs by Parragon Books, Time For a Hug by Phillis Gershator, and I Love Mommy by Eric Carle.

As the hotter weather approaches in Tallahassee, please make sure to dress your child in appropriate clothing and has an appropriate change of clothes in their cubby!

Continued on next page



would encourage them to say "more" and what item they wanted. It would be beneficial if parents could work on using some of these skills at home. If you have any questions please do not hesitate to ask!

Our class also enjoyed the Spring Egg Hunt we had this month! Each child decorated their own bags with stickers and colored them with crayons. After Mrs. Taylor and Ms. Marissa hid the eggs on the playground and our class explored the playground looking for them. Everyone had blast finding different colored eggs! If you would like to see the pictures from

Ms. Sue's Classroom

Hello Parents,

The month of April is coming to an end. We had a busy month talking about April showers, Earth Day, gardening and making chicks and bunnies for Easter. We talked about the color blue and colored with blue crayons. We made dot marker umbrellas, fingerprint carrots and bunnies, tissue paper bunnies and we made a chick collage. We had a great time on our Egg Hunt! All the children were so excited to run out with their bags and find as many as eggs as they could.

In the month of May, we will make a variety of flow-

ers, we will make Mother's Day crafts for all of our mommies and we will start our fairytale theme. The books that we will be reading are, The Real Mother Goose, Three Little Pigs and The Princess and the Pea. We will make dragons, princess' and three little pigs. We will make paper plate flowers, bottle print flowers and thumb print flowers. We will also talk about the color yellow. We will talk about the sun being yellow, flowers that are yellow and yellow ducks.

A lot of parents keep asking me about potty training their child. Here are some things you can do at home to help start introducing your child to the bathroom. First, Is your child ready? Here is an article you can read to see if your child is ready. <http://www.parenting.com/article/potty-training-guide>. If you think your child is ready here are

some



things you can start doing at home. Before bath time ask them if they want to sit on the potty. Before bath is a great time to try and encourage them to sit on the toilet. If they don't want to, do not force it. Keep encouraging and talking about the potty

but never force them to go. At school we have a sticker chart for each child. They only get a sticker for actually peeing, not just sitting. At home you can try stickers also. Another thing you can do to make your child feel more comfortable about going is to buy them a potty seat with a step stool. If you have any questions about potty training, please feel free to talk to me at any time.

Ms. Jenniffer's Classroom

April brought us an awesome Egg Hunt, fun with science

and Earth Day.

Now let's move into May and see what's blooming. We are going to make some beautiful art with blooming flowers. We will continue to track our seed growth and while we do that we will introduce our Fairytale theme. I love this theme! We are going to do a "Humpty Dumpty", "Jack and the Beanstalk", and "Three Billy Goats Gruff" reenactments. We will make 3 houses for our cooking project to go with "The Three Little Pigs" book. Dress up will be a

great time during this theme with all of the princess' books and pretty glass slippers we will be wearing. Feel free to bring in any dress up items you may have for the kids to play with during the month of May.

That's all for now! See you next month!



Ms. Stephanie's Classroom

The month of April we learned all about flowers, trees and shrubs, farms and farm animals, and Earth Day. We also watched

Continued on next page

our class caterpillars, Anna, Elsa, Sven, Storm, Cindy, and Fish Stick emerge from their chrysalides as beautiful butterflies! In Science, we plated wildflower seeds in ice cream cones that we will transplant outside once they sprout. We also looked at leaves using magnifying glasses and the Light Table. In Art, we used celery hearts to stamp roses on paper and we made cows using shapes and paper plates. We used counting cubes to measure tree limbs in Math, too! For our cooking project, we churned butter using a Mason Jar, heavy cream, and salt. It was very exciting!



The month of May will bring the end of one semester and the start of another! We also have to say, “goodbye” to some of our friends. We will learn about construction, buildings, and landmarks. In Math, we will weigh various tools and measure the height of buildings we construct. In Art, we will use different geometric shapes to construct a unique building. We will play with the tool bench and tool box in Dramatic Play and use brown blocks to create skyscrapers on the carpet. Our Letter Bucket Letters for May will be D, P, and B. We will focus on the colors yellow and green.

The Peach Room wants to take this time to congratulate all of

our parents graduating this semester! That is an incredible accomplishment and we wish you all the best!

Ms. Deby's Classroom

In April

We talked about the Spring season and how the Earth warms up causing new plant growth to Spring up. We talked about Earth day (April 22). What is

Earth day? When is it celebrated?

We learned about recycling, talked about ways we can keep the Earth clean, along with this theme we talked about Arbor day (April 24) and the importance of trees! We celebrated Easter day! And we learned all about the Farm!

In May

This month we are going to explore many different types of jobs and Community Helpers such as construction workers, carpenters, architects, engineers and more. This month we will be learning about the tools and transportation these community helpers use in their everyday job. Also we will be learning about the buildings and landmarks around the world, such

as the Statue of Liberty, Great Wall of China, The Eiffel Tower and more.

We will learn how tools and simple machines make work easier. This natural interest in transportation is something students experience in their everyday life. We will take this opportunity to learn the different ways we travel to school, and also the types of transportation available, such as by land, by air, and by water.

We will introduce technology to our students, so will be using the computer a lot this month. The children will work on their fine motor skills as they use the mouse to move a cursor to a target on the screen.

Young children seem to be almost as intrigued by building and creating as they are by demolishing, so we will be building houses and other landmarks using brown blocks and Legos.

The children will color on sandpaper for a new tactile experience. They will also be building toothpick structures with playdough, they will make coffee filter hot air balloons, and so much more.

We will read the following books: Mega Rescuers “by Picthall and Gunzi, B is for Bulldozer” by June Sobel.

Happy End of the semester!

Going on an EGG Hunt!



Children & Water Safety

The state loses more children under the age of five to drowning than any other state in the nation. As we play in the summer sun, it is important to emphasize supervision and swim safety while spending time with friends and family around the pool.

There are many layers of protection that can prevent drowning deaths:

SUPERVISION

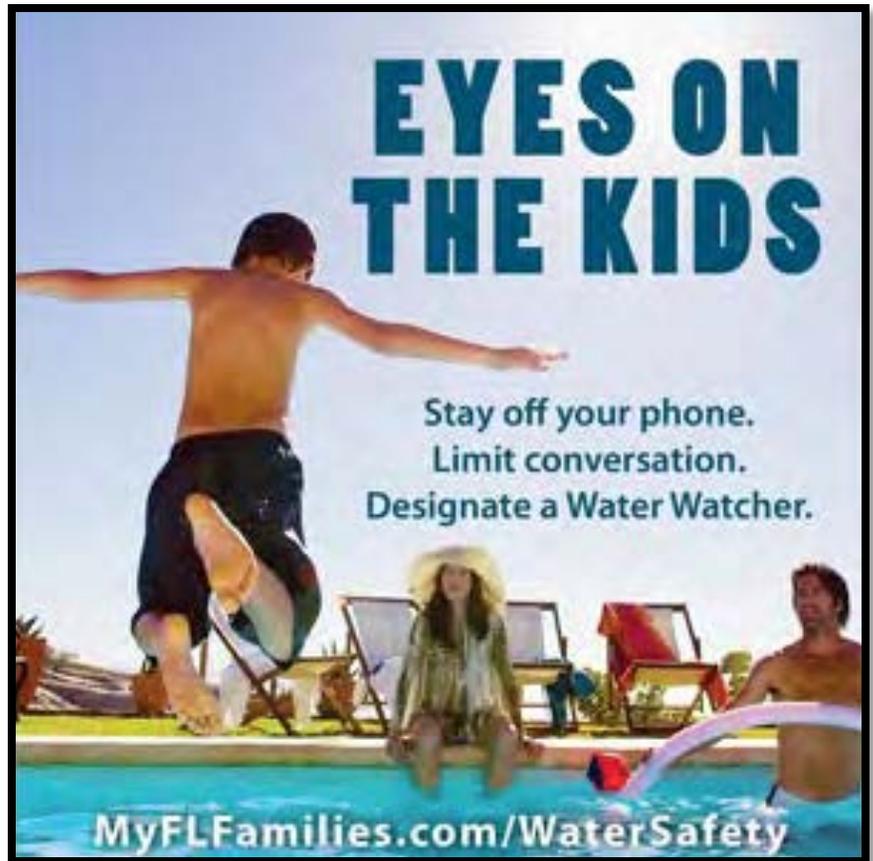
Someone should always be actively watching children when they are in the pool. This means don't play around on your phone or get involved in a big conversation while watching the kids. Drowning can happen in just a few minutes. Designate a "Water Watcher" to keep an eye on swimmers.

BARRIERS

A child should never be able to enter the pool area unaccompanied by an adult. Barriers physically block a child from the pool. Barriers include: child-proof locks on all doors, a pool fence with self-latching and self-closing gates, as well as door and pool alarms. Pool covers may also be used but make sure it is a professional cover fitted for your pool. A simple canvas covering can be a drowning hazard and entrap a child in the water. Florida law requires barriers for home pools.

SWIMMING LESSONS

The American Academy of Pediatrics recommends that children ages 4 and older learn to swim in order to help prevent drowning. It also encourages caregivers of children ages 1-3 to consider swim instruction for their child, as studies have shown it reduces drowning incidents. Caregivers should learn to swim as well. To find swimming lessons in your area, contact your



local YMCA, city facilities, or swim school or call 2-1-1. Many of these programs have scholarships available.

EMERGENCY PREPAREDNESS

The moment a child stops breathing there is a small, precious window of time in which resuscitation may occur, but only if someone knows what to do. Even if you're not a parent, it's important to learn CPR. The techniques are easy to learn and can mean the difference between life and death. In an emergency, it is critical to have a phone nearby and immediately call 911. To learn more about CPR or find a CPR certification course, call 2-1-1 or visit the American Red Cross or American Heart Association.

Source: <http://www.myflfamilies.com/service-programs/child-welfare/water-safety-tips>

Where to find Swimming Lessons

City of Tallahassee

6 months-Adult

May-August

<http://www.tal.gov.com/parks/aquatics-lessons.aspx>

FSU Campus Rec

6 months-Adult

June-August

<http://campusrec.fsu.edu/fitness/aquatics/youth-lessons>

Tallahassee Swim School

2 years old-Adult

March-August

http://talswim.com/?page_id=60

Infant Swim Resource

6 months-6 years old

April-August

<http://www.isrswimtlh.com/home.html>

More Resources can be found at Fun 4 Tally Kids <http://fun4tallykids.com/Sports-Programs/Swimming-Lessons/>



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friends and what they did that day. Arriving early will give you the opportunity to let your child show you their classroom and introduce you to their new friends. It will also give you more time to talk with your child's teacher.

Each child adjusts to a new setting in different ways and at a different pace. However being consistent is an important part of this adjustment period. During this time keep your child's routine simple and consistent. Spend extra alone time with your child during this time to reconnect and talk about their day and feelings. Be sure to read the menus, lessons and activities each day. This provides you with the opportunity to talk with your child about what they did and prepare them for the next day. Resist the urge to remove your child from school because of drop off tears or if you feel their adjustment is taking too long.

Keep an open line of communication with your child's teacher. Teachers have experienced these transitions numerous times and can be a valuable resource for you and your child. Remember that there will be good days and days that are a bit rougher during this time. Mondays or days following a break may seem like a setback. It is important not to over-react. Throughout their lives your child will be faced with challenges like these and need to learn how to adjust to different environments and situations. Your job as their parent is to help them through it in a positive way.

If you have any concerns or questions please contact our office (850-644-7970) or the director of the centers.



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together to prove that training preschoolers with flash cards and attempting to hurry intellectual development doesn't pay off. In fact, the authors claim, kids who are pressured early on to join the academic rat race don't fair any better than children who are allowed to take their time. Alarmed by the current trend toward creating baby Einsteins, Hirsh-Pasek and Golinkoff urge parents to step back and practice the "Three R's: Reflect, Resist, and Recenter." Instead of pushing preschoolers into academically oriented programs that focus on early achievement, they suggest that children learn best through simple playtime, which enhances problem solving skills, attention span, social development and creativity. "Play is to early childhood as gas is to a car," say Hirsh-Pasek and Golinkoff, explaining that reciting and memorizing will produce "trained seals" rather than creative thinkers. Creativity and independent thinking, they argue, are true 21st-century skills; IQ and other test scores provide a narrow view of intelligence. The authors walk parents through much of the recent research on the way children learn, debunking such myths as the Mozart effect, and pointing out that much learning unravels naturally, programmed through centuries of evolution. Although the research-laden text is sometimes dense, parents will find a valuable message if they stick with the program, ultimately relieving themselves and their offspring of stress and creating a more balanced life.

www.booklistonline.com

May 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Tuition Due	2	3  Ms. Estefania	4  Marley	5	6
7  Eason Ms. Kiana	8 CLOSED	9 CLOSED	10 CLOSED \$10 Late Fee  Ms. Stephanie	11 CLOSED  Chloe	12 CLOSED	13
14 HAPPY Mother's DAY 	15 Mother's Day To Go Bags  Ms. Anna	16 VPK Fair 5:30-7:00 PM	17	18 Flag Day (Haiti)	19	20
21  Daisy Ms. Schemide	22	23  Ms. Marissa	24	25	26 Ramadan begins	27
28	29 CLOSED Memorial Day	30 Dragon Boat Festival (China)	31  Cayson			