




FSU Children's Center

FSU Childcare & Early Learning Programs

MENU

July 03 - 07, 2017

<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
<p><u>Breakfast</u></p> <p>Milk Corn Chex Applesauce</p>	<p>Closed</p> 	<p><u>Breakfast</u></p> <p>Milk Pancakes Peaches</p>	<p><u>Breakfast</u></p> <p>Milk Alpha-Bits Pears</p>	<p><u>Breakfast</u></p> <p>Milk Scrambled Eggs w/ English Muffin Tropical Fruit</p>
<p><u>Lunch</u></p> <p>Breaded Chicken Nuggets Green Peas Whole Wheat Bread Fresh Orange Condiments Upon Request Milk</p>		<p><u>Lunch</u></p> <p>Turkey & American Cheese Sandwich on Whole Wheat Dinner Roll Cole Slaw Fruit Cocktail Condiments Upon Request Milk</p>	<p><u>Lunch</u></p> <p>Oven Baked Chicken w/BBQ Sauce Sweet Potato Fries Broccoli w/ Cheese Sauce Whole Wheat Dinner Roll Milk</p>	<p><u>Lunch</u></p> <p>Spaghetti Sauce w/Meatballs Whole Wheat Spaghetti Noodles Green Beans Peaches Milk</p>
<p><u>Snack</u></p> <p>Goldfish Fruit Cocktail Water</p>		<p><u>Snack</u></p> <p>Tortilla Chips Salsa Pineapple Tidbits Water</p>	<p><u>Snack</u></p> <p>Chex Mix Mandarin Oranges Water</p>	<p><u>Snack</u></p> <p>Bagel Chips Applesauce Water</p>

- **Fat Free Milk Served Daily**
- **Week 2 Spring/Summer**

FSU Children's Center
FSU Childcare & Early Learning Programs

MENU

July 10 – 14, 2017

<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
<u>Breakfast</u> Milk French Toast Pineapple Tidbits	<u>Breakfast</u> Milk Toasted Oats Peaches	<u>Breakfast</u> Milk Waffles Tropical Fruit	<u>Breakfast</u> Milk Rice Chex Pears	<u>Breakfast</u> Milk Turkey Sausage Biscuit Fruit Cocktail
<u>Lunch</u> Salisbury Steak w/Beef Gravy Mashed Potatoes Green Beans Whole Wheat Dinner Roll Milk	<u>Lunch</u> Chicken Breast Fillet Whole Wheat Macaroni & Cheese Broccoli & Cauliflower Fresh Orange Condiments Upon Request Milk	<u>Lunch</u> American Cheese Sandwich on Whole Wheat Bread Tossed Salad w/Salad Dressing Fresh Banana Condiments Upon Request Milk	<u>Lunch</u> Beefaroni Carrots Spiced Apples w/Cinnamon Whole Wheat Dinner Roll Milk	<u>Lunch</u> Breaded Fish Star Nuggets Corn Whole Wheat Bread Mandarin Oranges Condiments Upon Request Milk
<u>Snack</u> Saltines w/ cheese Pears Water	<u>Snack</u> Goldfish Applesauce Water	<u>Snack</u> Chex Mix Fruit Cocktail Water	<u>Snack</u> Chow Main Noodles Peaches Water	<u>Snack</u> Soft Pretzels Tropical Fruit Water

- **Fat Free Milk Served Daily**
- **Week 3 Spring/Summer**

FSU Children's Center

FSU Childcare & Early Learning Programs

MENU

July 17 - 21, 2017

<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
<u>Breakfast</u> Milk Whole Wheat Cheese Toast Peaches	<u>Breakfast</u> Milk Alpha-Bits Fruit Cocktail	<u>Breakfast</u> Milk Scrambled Eggs w/ English Muffin Applesauce	<u>Breakfast</u> Milk Corn Chex Tropical Fruit	<u>Breakfast</u> Milk Pancakes Pears
<u>Lunch</u> Meatballs w/Beef Gravy Brown Rice California Mix Vegetables Fresh Apple Milk	<u>Lunch</u> Charbroiled Beef Patty Whole Wheat Hamburger Bun Potato Wedges Pineapple Condiments Upon Request Milk	<u>Lunch</u> Breaded Chicken Nuggets Mixed Vegetables Whole Wheat Bread Fresh Orange Condiments Upon Request Milk	<u>Lunch</u> Oven Baked Chicken Mustard Greens Whole Wheat Bread Mandarin Oranges Milk	<u>Lunch</u> Turkey & Cheese Sandwich on Whole Wheat Dinner Roll Tossed Salad w/Salad Dressing Spiced Apples w/Cinnamon Condiments Upon Request Milk
<u>Snack</u> Pita Bread & Hummus Tropical Fruit Water	<u>Snack</u> Chex Mix Pears Water	<u>Snack</u> Tortilla Chips Salsa Peaches Water	<u>Snack</u> Bagel Chips Fruit Cocktail Water	<u>Snack</u> Goldfish Pineapple Tidbits Water

- **Fat Free Milk Served Daily**
- **Week 4 Spring/Summer**

FSU Children's Center
FSU Childcare & Early Learning Programs

MENU

July 24 – 28, 2017

<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
<u>Breakfast</u> Milk Turkey Sausage Biscuit Pineapple Tidbits	<u>Breakfast</u> Milk Rice Chex Peaches	<u>Breakfast</u> Milk French Toast Applesauce	<u>Breakfast</u> Milk Toasted Oats Tropical Fruit	<u>Breakfast</u> Milk Waffles Pears
<u>Lunch</u> Meatballs w/BBQ Sauce Broccoli Whole Wheat Dinner Roll Fresh Apple Milk	<u>Lunch</u> Cheesy Chicken Noodle Casserole Carrots Whole Wheat Bread Fruit Cocktail Milk	<u>Lunch</u> Charbroiled Beef Patty Whole Wheat Hamburger Bun Baked Beans Mandarin Oranges Condiments Upon Request Milk	<u>Lunch</u> Breaded Fish Sticks Green Beans Whole Wheat Dinner Roll Fresh Orange Condiments Upon Request Milk	<u>Lunch</u> American Cheese Sandwich on Whole Wheat Bread Vegetable Soup Cucumber Slices Pineapple Condiments Upon Request Milk
<u>Snack</u> Saltines w/ cheese Pears Water	<u>Snack</u> Chow Main Noodles Tropical Fruit Water	<u>Snack</u> Chex Mix Pineapple Tidbits Water	<u>Snack</u> Goldfish Peaches Water	<u>Snack</u> Soft Pretzels Fruit Cocktail Water

- **Fat Free Milk Served Daily**
- **Week 1 Spring/Summer**

FSU Children's Center

FSU Childcare & Early Learning Programs

MENU

July 31 – August 04, 2017

<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
<u>Breakfast</u> Milk Whole Wheat Cheese Toast Pineapple Tidbits	<u>Breakfast</u> Milk Corn Chex Applesauce	<u>Breakfast</u> Milk Pancakes Peaches	<u>Breakfast</u> Milk Alpha-Bits Pears	<u>Breakfast</u> Milk Scrambled Eggs w/ English Muffin Tropical Fruit
<u>Lunch</u> Breaded Chicken Nuggets Green Peas Whole Wheat Bread Fresh Orange Condiments Upon Request Milk	<u>Lunch</u> Meat Loaf w/Beef Gravy Collard Greens Whole Wheat Bread Fresh Banana Milk	<u>Lunch</u> Turkey & American Cheese Sandwich on Whole Wheat Dinner Roll Cole Slaw Fruit Cocktail Condiments Upon Request Milk	<u>Lunch</u> Oven Baked Chicken w/BBQ Sauce Sweet Potato Fries Broccoli w/ Cheese Sauce Whole Wheat Dinner Roll Milk	<u>Lunch</u> Spaghetti Sauce w/Meatballs Whole Wheat Spaghetti Noodles Green Beans Peaches Milk
<u>Snack</u> Goldfish Fruit Cocktail Water	<u>Snack</u> Bagel Chips Tropical Fruit Water	<u>Snack</u> Tortilla Chips Salsa Mandarin Oranges Water	<u>Snack</u> Chex Mix Pineapple Tidbits Water	<u>Snack</u> Pita Bread & Hummus Applesauce Water

- **Fat Free Milk Served Daily**
- **Week 2 Spring/Summer**