Signs there is a kid in the house

7 Secrets of Preschool Teachers

The Importance of Good Communication With Your Toddler

LIFE CUBBY
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is coming
January 2017!
The NAEYC for Families website at http://families.naeyc.org/ offers a wealth of information and resources for parents of young children. Families Today features articles from Dr. T. Berry Brazelton and Dr. Joshua Sparrow. Dr. Brazelton, renowned pediatrician and behaviorist and child development expert, and Dr. Sparrow, child psychiatrist, offer parents reassuring information and tips on the developing child.

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Hours of Operation
Monday-Friday
7:30 AM - 5:30 PM

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Menus: http://childcare.fsu.edu/For-Parents

Online Comments/Suggestions Box
https://fsu.qualtrics.com/jfe/form/SV_8A44fzs9taRgnnn

The Little Noles is a monthly publication of The FSU Child Development Programs, 157-01 Herlong Drive, University Housing, Florida State University, Tallahassee, FL 32310-4174, (850) 644-7970.

The information contained herein is considered adequate notification of activities, tuition notification and policies and procedures. The Little Noles is also available in alternative formats upon request. Material submitted for publication must be typewritten and submitted by the 15th of each month. The Little Noles is distributed to the parents of The FSU Child Development Programs, selected university administrators, staff, and support personnel.

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Effective September 1, 2016
Tuition rates will be charged for 12 months instead of 11 months

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The Little Noles
Dear Families,

We would like to thank all of our families and friends for coming out to the Fall Festival last month. It was so wonderful to see everyone and enjoy our time together. We would like to thank all of our volunteers and teachers that pitched in before, during and after the event. These people are so important to making any event a success and they achieved nothing less than that for this event.

Remember the centers will be closed on Friday, November 11 in observance of Veteran’s Day and Wednesday, 11/23, Thursday, 11/24 and Friday, 11/25 for the Thanksgiving holidays.

We are always looking for ways to keep in touch with families about their children while striving to be a greener and more sustainable program. We have purchased iPads for our classrooms to enhance the quality of teaching, allows teachers access to open source education resources and technology, increase productivity in assessments and our communication with families on their child’s day and development.

Our school will be launching a powerful, new digital documentation system called "LifeCubby!" This system allows our schools to paperless with daily reports, portfolios (including photos and videos), communications and assessments. We will move away from the paper daily sheets that you are used to getting in your child’s cubby. There is a FREE family app in both Google Play and iTunes. LifeCubby features include:

- Review Daily Sheets, Observations, etc
- Check-in from your own device
- Post own photos/video
- Cubby Pals!
- LIVE communications with teachers

We are currently working to get everything set up for you and our teachers. Once we have the system set we will contact parents by email and with a letter in your child’s cubby regarding your user names and access codes.
REMINDERS

Parent Column
Contact directors if you wish to submit a column for the newsletter. Submissions due a month in advance on the 15th.

Requests for posting tuition early
If you have a special circumstance that requires your tuition to be posted prior to the 1st of each month please email your request including when you need the tuition posted and the reason for early posting.

Tuition Rates.
Tuition rates are assessed according to parent status. Non-refundable registration fee $20 upon enrollment and each Sept. 1, thereafter. Tuition is calculated on 44 weeks of care divided over 12 months. Tuition is due on the first day of the month; late by the 10th day.

School Readiness Subsidies.
Parents will be responsible for paying the full amount of tuition at the stated rate above before the 10th of each month. Any subsidies from the School Readiness Program will be applied as a credit to your account for the upcoming month when it is received from the agency. School Readiness Program provides tuition assistance to eligible families who are working and/or attending school for a minimum of 20 hours per week.

***Make sure your child has an appropriate change of clothes in his/her cubby for the cooler weather. Thank you.

Don’t forget to set your clocks back 1 hour before you go to bed on Saturday, 11/6
the bookshelf

Spot Goes to the Circus

Veterans: Heroes in Our Neighborhood
By Valerie Pfundstein
Illustrated by Aaron Anderson

Pumpkin Heads!
Wendell Minor

Goldilocks and the Three Dinosaurs

Clifford’s Good Deeds
Norman Bridwell

Where is Baby’s Pumpkin?

I love to gobble you up!
by Sandra Magsamen
Just for fun

Signs there is a kid in the house

☑ You walk into the kitchen and get cheerios stuck to the bottom of your feet.

☑ The toilet paper is either puddled 2 feet onto the floor or loosely re-rolled back into place.

☑ The dog wants to stay outside to get some peace.

☑ Everything in the house below waist level is either plastic or padded.

☑ You can't open up a toilet lid, cabinet or drawer without maneuvering some sort of plastic contraption.

☑ You get into the tub and step on a squeaky toy.

☑ You can't find room for the "real" food in the pantry because it's filled with baby food jars.

☑ The garbage can is locked away in another room.

☑ There's Tupperware scattered across the kitchen floor and the rest of the cupboard contents are scattered across the living room.

☑ You feel like you are walking through a booby trapped mine field and then realize it's the living room.

☑ The TV has itty bitty finger prints on it.

☑ There are finger and nose prints on all the window panes at knee level.

☑ You can lift an object over 20 lb. easily with one arm and rest it on your hip.

☑ You eat with your fingers at the dinner table and think nothing of it.

☑ At a restaurant you have to think twice about cutting your food in teeny tiny pieces and sharing it with everyone.

☑ You no longer need an alarm clock.

☑ You have sunscreens on the windows of your car.

☑ There's dried drops of formula on the floors, furniture, etc.

☑ You say nighty night when leaving a dinner party.
Veterans: Heroes in Our Neighborhood makes us more aware and appreciative of our everyday surroundings. Though most veterans rarely acknowledge their military service, this book reveals these brave people who live and work among us. When author Valerie Pfundstein, who lives nearby with her family and whose husband, a firefighter in the engine company at the same fire house at which I was captain told me she was inspired to honor family, neighbors, and friends who are veterans, I knew it was also a crucial opportunity to teach the next generation what it means to serve our country. The people commemorated in this book did, some of them having made the ultimate sacrifice so others could live free. --John T. Vigiano, Sr. United States Marine Corps, 1957 1962/1963 1966; Captain, Fire Department of New York, 1962 1998.

Memorial Day
Following the well-known and much-loved Rookie Books format, these fun and informative books introduce early elementary-school children to the basic facts about major holidays. Each book explains the development of the holiday and how it is celebrated today, and includes holiday games, traditions, crafts, and foods.

www.amazon.com

Sharing the Bread
From School Library Journal
K-Gr 2—Everyone helps prepare Thanksgiving dinner in this new holiday offering set in the 19th century. From fetching the cooking pot to folding pilgrim hats, each of the 10 members in this family has a job to do. Narrated by the younger brother in rhyming four-line verse, each spread highlights one aspect of the meal preparations and the relative responsible for it: sister kneads the bread dough, grandpa cooks the berries, auntie mashes the potatoes, etc. The youngster's excitement with the day is conveyed through repetition and simple rhymes and rhythm that mirror the ease with which the family works together in anticipation of their meal. McElmurry's illustrations depict a traditional middle-class family in aprons over their Sunday best. The gouache on watercolor paper affords a three-dimensional, old-fashioned quality to the setting and characters, while the ever-present family dog and cat offer relatable detail for today's digital natives. Muted tones of brown, gray, blue, and black dominate the color scheme and lend authenticity to this celebratory tribute to our national holiday. VERDICT This book captures the spirit of a traditional Thanksgiving dinner but may require hand-selling to kids to secure a trip to the circulation desk. —Lynn Van Auken, Oak Bluffs School, MA

Happy Thanksgiving
What is Thanksgiving? It's turkey and pumpkin pie, but most of all it's a time to spend with family and friends. With photographs to look at and Thanksgiving words to learn, this sturdy board book is ideal for adults to read and share with very young children to introduce them to this special holiday.

www.amazon.com
Ms. Emily’s Classroom

October was an exciting month in the infant classroom. We have the privilege of having Ms. Corrine, a FSU Music Therapy student come to sing and interact with the infants. The infants have really enjoyed listening to the guitar and ukulele. She uses a variety of instruments to interact with the children such as: rain sticks, drums, shakers, and scarves that they can play with. Some children even use their voices during music time too.

We learned all about the Fall Harvest (fall weather, fall fruits/vegetables), and the color orange. Our infants used their footprints to make pumpkins and their handprints to make a fall tree. Age appropriate children enjoyed trying fall fruit/vegetable baby food such as, pumpkin, butternut squash, apple, pear, and sweet potatoes.

Looking forward to November, we will learn about the circus, various fall holidays, and the color brown. Some book suggestions to read at home include: Spot Goes to the Circus by Eric Hill, Brown Bear, Brown Bear, What Do You See by Bill Martin Jr.

Ms. Taylor’s Classroom

During the month of October, our themes were Fall Fun, Fall Weather, Fall Fruits and Vegetables, and Fall Harvest. Our classroom walls were filled with fall artwork all month! Some of our favorite art projects included footprint ghosts, playing in the leaves, handprint acorns, and jack-o-lanterns. The color we focused on this month was orange. Our class was able to incorporate this color into almost every art project this month!

We also worked on using our fine motor skills. Some activities we did to practice using fine motor skills included picking up small pieces of paper during art time, scribbling with crayons, and using a spoon at meal times. At home parents can practice using fine motor skills with the same activities or try other activities like pointing to pictures in a book, building a tower with blocks, or having your child remove their own socks. It is also important for parents to remember that children at this age should practice fine motor skills with both hands to build their small muscles. In addition, parents should remember children at this age have not established a dominate hand. Hand dominance begins to emerge around ages 2 to 4 and around ages 5 to 6 children will begin to establish a preferred hand. Some of our favorite classroom books this month were Snappy Little Monsters by Dugald Steer, Where’s Baby Pumpkin by Karen Katz, and 5 Little Pumpkins by Dan Yaccarino.

In the month of November, we will begin our themes of going to the circus and fall holidays. Some of our art projects will include making circus animals, circus food, turkeys, and pilgrims. We will also focus on identifying the color brown in our artwork and playtime. Some of the books we will read this month are ABC is for Circus by Patrick Hruby, 10 Fat Turkeys by Tony Johnson, and I Love To Gobble You Up by Sandra Magsamen.

During this month Ms. Taylor and Ms. Marissa will begin working on assessments for the children in our class. The assessment we use in our classroom is called the Ages & Stages Questionnaire by Continued on next page
ane Bricker and Jane Squires. This assessment determines if a child is on track developmentally for their age. Once completing the assessments, Ms. Taylor and/or Ms. Marissa will set up a time for a parent teacher conference. During this conference we will discuss where your child is developmentally, any concerns we have, and answer any questions you may have. This will also give us the opportunity to pinpoint exercises and activities parents can do at home to keep their child developmentally on track.

As the colder weather approaches in Tallahassee, please make sure your child has an appropriate change of clothes in their cubby and appropriate outerwear to wear while on the playground.

Ms. Sue’s Classroom
Happy Fall Ya’ll!

In the month of October, we read Bugs That Go Bump in the Night by David A. Carter and Pumpkin Heads! by Wendell Minor. We also sang, Five Little Jack-o’-Lanterns sitting on a Gate and 1 little, 2 little Pumpkins. We made handprint vampires, finger-painted pumpkins and we made candy corns out of white, orange and yellow squares. We learned about the color orange and talked about things that are orange for example, pumpkins, oranges, carrots and foxes. One way to help your child learn their colors is to talk to them about everyday things such as the color of their shirt or shoes. When you are dressing your child you can say, let’s put on your red shirt with your blue shorts today. Then have them say the colors with you. In our classroom we are always talking about what color they have on, or what color toy they have in their hand and even while they are doing art we talk about all the different colors we use to make things.

I hope all the children and families had a great time at our fall festival. Thank you to all of those who showed up and participated in our fall festivities.

Now it is time for turkeys, fall leaves, the circus and the color brown. We are still in the process of finishing our Ages and Stages assessments and as we complete them we will set up a time to meet with all parents and discuss where your child is developmentally.

Please Remember to bring in spare clothes for your child and as the cooler weather approaches please bring in a jacket for your child.

Ms. Jenniffer’s Classroom
We are “swinging” into the month of November with a Circus themed extravaganza.

The first part of November we will talk, sing and pretend we are part of the circus life. We are going to do art as well as practicing the balance beam, hopping on one foot, and swinging like the “FSU Flying High Circus” does. The second half of the month we will not only talk about the Fall Holiday, but we will be cooking as well! We will make “Turkey Pizzas”, and “Cinnamon Roll Turkeys”. For story time we will read I Love to Gooble You Up, Turkey Trouble and This is the Turkey. I hope everyone has a safe and Happy Holiday!

Ms. Stephanie’s Classroom
L.M. Montgomery once said, “I’m so glad I live in a world where there are Octobers” and I could not agree more. Our October in the Peach Room was filled with community helpers, nocturnal animals, fall harvest, and Halloween.

We loved learning why community helpers are important and were thrilled when members from the community came to visit! The police officers from FSUPD came out and let us sit on the motorcycle, talk in the speaker in the patrol car, and we even got to turn on the siren. Librarians from Continued on next page
Goldstein library read us some of their favorite books and explained just how helpful librarians are to the community. We also got visits from the fire department and the FSU sanitation department. The firetruck and garbage truck were a big hit among the class!

We also learned about harvesting fruits and vegetables during the fall months as well as Halloween. We measured and weighed pumpkins of all shapes and sizes as well as dissolved popular Halloween candies in water, vinegar, or oil to see what happens. Some of our favorite books for this month were Pooh’s Fall Harvest by Isabel Gaines and The Fall Festival by Mercer Meyer.

November will bring (hopefully) much cooler weather, one of my favorite holidays, Thanksgiving, and our Medieval Times/Fairy Tales unit! We will be learning all about medieval times, dragons, unicorns, and fairy tales. We will also spend a little bit of time learning about the traditions associated with Thanksgiving and why we celebrate. Some of our books for November will include My Brother the Knight by Laura Driscoll, Unicorn Thinks He’s Pretty Great by Bob Shea, Goldilocks and the Three Dinosaurs by Mo Willems, and The Very First Thanksgiving Day by Rhonda Gowler.

We will be dressing up as queens, kings, and knights in Dramatic Play as well as searching for unicorns and dragons using binoculars and flashlights. We will have a jewel dig and royal slime to play with in Sensory to represent the kings and queens from long ago. In Math, we will make friendship bracelets to give to our friends and family. We will use Magnatiles on the light table to build castles and we will look at dragon bones with magnifying glasses! In Art, we will become unicorns when we make and decorate our very own unicorn horns. We will also make fairy wands and use our handprints to make dragons. Letters H and N will be our focus this month and we will also explain how to cook a turkey in Writing. November will be an adventure for sure!

Please continue to help your child with Letter Bucket each week. The children really enjoy sharing their items with the class. Finally, continue working on letter, number, and name recognition at home. I am already starting to notice a difference!

Ms. Deby’s Classroom

In October we learned about the season fall and everything that involve this wonderful and colorful season including: pumpkins, leaves, animals. Since October is also Fire safety month we also discussed some of the fire safety at home and school. We read books as: The Leaf Man by Lois Ehlert, Clifford’s Good Deeds by Norman Bridwell, Lets Be Safe by PK Hallinan.

In November this month is going to be magical as we learn all about Dragons, Unicorns, Fairytales, Medieval Times, and Thanksgiving. The children are going to dream of medieval times where sweet dragons, unicorns, queens, kings and princesses ruled the land. We will discuss how people used to dress, what kind of transportation they used, and how castles were made. Our reading time will consist of fairytales such as Goldilocks and the 3 Bears. We will discuss the message that can be learned from the story. We will also read Jack and the Beanstalk and use the story to learn about sequence from the life of a plant.

In honor of the holiday we will be reading: The First Thanksgiving and discuss how we might celebrate Thanksgiving. Share our family traditions. Together we will graph our favorite thanksgiving food. We will sing We are Thankful. Specials hands on activities will include having a lot of fun creating our own personalized shield, making a handprint dragon or unicorn and also coffee filter turkey.
Emily Thompson teaches children 6 weeks to 1 year old the Infant and Toddler Center. Emily has 15 years of various teaching experience and joined the program as the Lead teacher in the Infant Classroom in 2014. She received her degree in Family and Child Sciences with a concentration in Child Life Speciality. Emily states that her choice to work with children comes from an early age, “I have always had a passion to work with children since I was about 12 years old. Working with children is fun, challenging, and rewarding.”

“By providing play opportunities that support different kinds of learning styles—listening/visual learning to sorting/stacking,” works to inspire children to learn according to Emily, “I also celebrate children’s achievements no matter how big or small. Positive reinforcement will inspire children to continue learning.” Her goals in working with children are to “Turn daily events into learning opportunities, Focus on each child’s strengths, encouraging their talents, Stay up-to-date with new and innovative teaching methods.”

Emily named Ginger Owen, a personal friend, children’s pastor and former teacher as her role model. “She invested her time with me, mentored me from an early age, and also helped inspire me to discover my love and passion for children. She continues to invest in many children’s lives just as she did mine!” Finally, we asked Emily to list her “favorites”, here they are…

- Movie- too many to list
- Children’s Book- too many to list
- Animal- Horse
- Color- Blue
- Food- Italian
- Thing to do- Spend time with friends and family

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7 Secrets of Preschool Teachers

Reprint by Barbara Rowley
Submitted by Beth Roberts

What they know about helping kids behave and learn that you can use at home.

Secret #1: Preschoolers don't have to dawdle.

Why does your child seem to thwart your attempts to get you both out the door each morning but promptly turns on her heels when her teacher announces it's time to head back in from the playground? The explanation is simple enough, says Barbara Roth, director and teacher for more than 20 years at the Hanover Nursery School, in New Hampshire. "When we say something, they know we mean it."

Roth says she routinely sees parents tell their child it's time to leave the playground but then stop and chat with another parent themselves, or indulge countless delays and requests for "just one more slide." "You've got to follow through," she says. "Otherwise, it becomes clear that your child doesn't really have to do what you say when you say it." This means giving a few gentle but firm warnings starting five minutes before it's time to leave (or come to the table, and so on), then announcing departure time definitively and matter-of-factly. You may have to just go and scoop her up the first few times (which you should do without hesitation) until she knows you're serious. Kids also respond to cues they can see, hear, or count. If a child has trouble saying goodbye, "decide on a certain number of hugs and kisses," suggests Jenny Raffaelli, lead teacher at the Kinderberry Hill preschool, in Roseville, Minnesota. Soon she'll come to both expect and accept the routine.

Continued on next page
**Secret #2: Kids can handle scissors and pens earlier than you think.**

Wanting to help their child develop writing and other fine motor skills, most parents simply hand him a pencil, kid-safe scissors, and paper. But a little practice may forestall frustration later. Raffaelli has her students learn basic skills and movements with such activities as picking up nuts and small blocks with kitchen tongs, stringing beads, rolling out play clay, and even cutting it with scissors. "With clay, it doesn't matter how kids cut," she says. "They can snip any which way and really build the fine muscles in their hands." Once your child becomes adept, let him cut real paper—but in a way that guarantees his success. "For a preschooler, trying to cut out a picture is often too much—the scissors get caught up in the paper and he can't go anywhere," says Ann Curtis, director of the Infant and Preschool Center at Western Illinois University. "Thin little strips of paper work better: One snip and he feels a great sense of accomplishment." Set him up with a bunch of thin strips of different-colored paper and a container to cut them into, then let him cut strips to glue onto a paper plate for a wall hanging. Yarn also works well for scissor practice.

**Secret #3: Structure and routine are critical for easy naps.**

It may seem amazing that your child manages to nap with a bunch of other kids in the room when you can't get a short snooze out of her in her own comfy bed, but preschools have an advantage over home, explains Raffaelli. "Your child is with a group of other children who are doing the same thing, so it's just easier to go along with the rest." Even if you can't import ten other 3-year-olds every day at naptime, there are some other tricks. Mary Eltgroth, assistant director of New Horizon Child Care Center, in Savage, Minnesota, recommends that you first give her time to unwind before her nap—a half hour minimum—being careful not to suggest an activity that engrosses her so much that she won't want to interrupt it to sleep. Next, create a routine: the same time, the same music, the same bed, and the same expectation: quiet or sleep.

**Secret #4: How you say things is as important as what you say.**

Having trouble getting your child's attention? Don't raise your voice, unless it's to sing. "Kids don't care how you sound," says Curtis. "If I'm reading and they aren't listening and I start singing the story, they quiet right down." But you can't rely on song alone. Teachers try to alternate verbal tactics, using whispering or different voices or silently mouthing the words to get children to focus on them. They also employ visual cues, such as putting a hand up in the air or touching their finger to their nose and asking the children to do the same when they're quiet. Amanda Johnson, who used to teach at Radnor Nursery School, in Devon, Pennsylvania, has even been known to lean playfully over her charges and "blow the dust out of their ears." And once you've got your child's undivided attention, keep your instructions clear, short, and direct, says Barbara Hill, director of administration at the Child and Family Study Center, the Lab School for California State University, Northridge. "Don't start by saying that if they get on the table it might break. Say, 'Get down'"—and explain later.

**Secret #5: Your child wants to get dressed himself.**

Most young kids really want the feelings of independence, self-confidence, and achievement that dressing themselves brings. It's just that their clothes get in the way. To make it easier, "take into account where your child is developmentally when you buy his clothes," says Hill. For instance, a 3-year-old won't do as well in a pair of jeans with a zipper and a button as he will in elastic-waist pants. Then develop specific ways to help him succeed. This might mean arranging his outfit the night before in the shape of a person on the floor, getting in the habit of putting on dresses and costumes when you aren't under time pressure or labeling clothes so that your child is able to distinguish the front from the back. Raffaelli suggests marking one shoe with a star, dot or little sticker and teaching your child that that shoe always goes on the same foot. Another right/left shoe teaching method, from Curtis: Ask your child whether his shoes are mad at each other. If they're on the correct feet, the toes will be kissing.

Continued on page 17
On Friday, November 11th, Americans will celebrate Veterans Day. The special holiday is dedicated to the brave men and women of the armed forces who risk their lives on a daily basis to keep the rest of us safe and free. They include members of the US Army, Navy, Marine Corps, National Guard, Air Force, and the Coast Guard.

The holiday was first celebrated on November 11th, 1919 by U.S. President Wilson as Armistice Day to honor the soldiers that served during World War I. The "Great War" as it is often called officially ended when the Treaty of Versailles was signed on June 28, 1919. However, the fighting ceased seven months earlier on November 11, 1918, at precisely 11:00 am, when an armistice between the Allied Nations and Germany was declared. As a result, November 11th became the date of choice for the celebration.

While President Wilson encouraged Americans to commemorate the day with parades, public meetings and even urged businesses to suspend work briefly at 11:00 a.m, Armistice Day did not become a legal holiday until 1938. In 1954, after the U.S. had engaged in two more wars - World War II and the Korean War, the holiday was renamed Veterans Day to include the military personnel that served in these two battles as well. In 1968, there was an attempt to move the date so that Americans could enjoy a three-day weekend in October. However, the first Veterans Day celebration under the new law observed on October 25th, 1971 caused much confusion. Also, a majority of Americans were opposed to the change due to November 11th's historical and patriotic significance. In 1975, President Gerald Ford signed a law reinstating Veterans Day to November 11th, a tradition that continues, regardless of the day of the week on which it falls.

People are often confused about the difference between Memorial Day and Veterans Day. Though both holidays honor military personnel, Memorial Day is a day to remember and pay tribute to soldiers who died in battle or due to a wound sustained in one. Veterans Day, on the other hand, celebrates all military personnel that has served the nation during war or peace. Its primary purpose is to thank living veterans for all their sacrifices and contributions. Though several other countries also celebrate this day, the significance is slightly different for each one. The United Kingdom observes it in honor all soldiers - living or dead, while Canada celebrates all living veterans. It also goes by different names. France and New Zealand still call it Armistice Day. In the United Kingdom, Australia, and Canada, it is referred to as Remembrance Day while Malta and South Africa call it Poppy Day.

Though the names may differ, the purpose is the same - To show our gratitude to the brave men and women who put their lives on the line for our safety. So this Veterans Day be sure to try to seek out some of these amazing men and women and thank them for their service.

There are not words big enough. There is not a hug strong enough. There is not a smile wide enough. All I can offer is thank you. You are my hero. You are in my thoughts. You are in my prayers. For all you've done, thank you.
**All Saints Day**

All Saints’ Day is a Christian holy day observed by many Western churches on Nov. 1 and by Eastern churches on the first Sunday after Pentecost. The day now honors all saints of the church, even those not known by name. The first All Saints’ Day occurred on May 13, 609 (C.E.) when Pope Boniface IV officially designated the day in honor of the dead — Nov. 1 and Nov. 2. Mexicans view Dia De Los Muertos as an opportunity to celebrate the death and the life of loved ones and friends they knew in this world. The first day celebrates infants and children who have died. This is a group which is believed to have a special place in heaven and are referred to as “Angelitos” or little angels. The second day is in honor of adults who have passed away. Dia De Los Muertos is a day of celebration, not mourning.

During Pope Gregory III’s reign (731-741), the festival was expanded to include all saints and a chapel in St. Peter’s church was dedicated accordingly. Pope Gregory IV officially designated the day in 837. Roman Catholics are required to attend Mass and to “refrain from unnecessary servile work” on this day.

Source: www3.kumc.edu/diversity/ethnic_relig/ethnic.html

**All Souls Day**

All Souls’ Day is a Roman Catholic day commemorating the faithful departed or those baptized Christians believed to be in purgatory. It is celebrated on Nov. 2 unless this date falls on a Sunday. When this happens, All Souls’ Day is celebrated on Nov. 3. Odilo, abbot of Cluny, established All Souls’ Day in the eleventh century. The day purposefully follows All Saints’ Day in order to shift the focus from those in heaven to those in purgatory. On this day, three requiem masses are celebrated: one for the celebrant, one for the departed, and one for the pope. The Church of England abolished All Souls’ Day during the Reformation. However, the day has been reestablished in Anglo-Catholic churches.

Source: www3.kumc.edu/diversity/ethnic_relig/ethnic.html

**Dia De Los Muertos**

Day of the Dead

Dia De Los Muertos is not one but two days observed in honor of the dead — Nov. 1 and Nov. 2. Mexicans view Dia De Los Muertos as an opportunity to celebrate the death and the life of loved ones and friends they knew in this world. The first day celebrates infants and children who have died. This is a group which is believed to have a special place in heaven and are referred to as “Angelitos” or little angels. The second day is in honor of adults who have passed away. Dia De Los Muertos is a day of celebration, not a day of mourning.

People usually prepare a feast with many of the favorite dishes of lost loved ones. Pan de Muertos or “Bread of the Dead” is a traditional bread which is baked and eaten during this celebration.

Source: www.holidayinsights.com; Image: https://natgeoedusca tionblog.files.wordpress.com/2013/10/31632.jpg

**Election Day**

Prior to 1845, presidential elections were held in each state at various times in the 34 day period before the first Wednesday of December, coinciding with the completion of the harvest and prior to winter setting in (aka November). This meant that states that voted earlier could influence on those that voted later, with the last state to vote determining close elections. Congress determined a set election date, the first Tuesday after the first Monday in November, nationwide in 1845. The Presidential and Vice-Presidential office elections are held every 4 years.

Source: https://en.wikipedia.org/wiki/Election_Day_%28United_States%29

**Thanksgiving Around The World**

by Stacey Schifferdecker

Thanksgiving is a uniquely American holiday, but the idea of an annual celebration to thank God for his bounty stretches back through time and around the world. Here are some ways other cultures celebrate Thanksgiving. Maybe you can find some ideas to enrich your own family’s Thanksgiving celebration this year.

The ancient Greeks, Romans, Hebrews, Chinese, and Egyptians all held harvest festivals and thanksgiving celebrations. These celebrations continue today in various forms. Jewish families celebrate with a seven-day autumn harvest festival called Sukkoth. Sukkoth commemorates how God cared for Moses and the Hebrew people as they wandered in the desert for 40 years before entering the Promised Land. During Sukkoth, families build small temporary huts out of branches and foliage. Inside the huts, they hang fruits and vegetables such as apples, grapes, corn, and pomegranates. A special ceremony is held each day to remember their Hebrew ancestors and to thank God for the harvest. Families eat in the hut at night and sometimes sleep there as well.

The Chinese harvest festival is called Chung Ch’ui or the August Moon Festival and is celebrated in mid-August. During this three-day celebration, Chinese families celebrate the end of the harvest season with a big feast featuring roasted pig and mooncakes. These palm-sized round cakes symbolize family unity and perfection, so the Chinese people also give mooncakes.

Continued on page 18
The Importance of Good Communication With Your Toddler

Good communication helps children to develop confidence, feelings of self-worth, and good relationships with others. It makes life with them more pleasant now and helps them grow into adults who have good feelings about themselves and others. Although it is sometimes hard to understand your toddler, it is very important not to brush them off when they are trying to communicate with you. Below are some tips to help you communicate with your toddler and help him/her feel important in their world.

- **GET THE CHILD’S ATTENTION BEFORE SPEAKING** - Call the child’s name and allow the child to turn his/her attention to you before speaking.

- **COMMUNICATE AT EYE-LEVEL** - Make sure when you are talking to a young child that you are able to look at the child directly in their eyes.

- **TALK WITH (NOT AT) CHILDREN** - Make sure that this is a “two-way” conversation when talking with a child.

- **MAKE REQUESTS SIMPLE** - A young child will have a hard time remembering several orders given at one time.

- **MOST IMPORTANT OF ALL, LISTEN ATTENTIVELY.**

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**November 19**

**FREE* ART CLASSES FOR KIDS & FAMILIES**

**KID EMPOWERMENT DAY**

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NOVEMBER
FAMILY FRIENDLY MOVIES & EVENTS

DISNEY KARAOKE WITH AASU
NOV 14 (MON) | 8:00 PM
CYBER CAFE

KUBO AND THE TWO STRINGS
CO-SPONSORSHIP WITH AASU
NOV 17 & 19 (THU & SAT) | 7:30 PM & 10:15 PM
NOV 18 (FRI) | 7:30 PM | 3D SCREENING

FINAL FRIDAYS GAMING SOCIAL
NOV 18 (FRI) | 6:00 PM
CYBER CAFE

APRIL AND THE EXTRAORDINARY WORLD
NOV 29 & 30 (TUE & WED) | 7:30 PM & 10:15 PM

TABLETOP TUESDAY
NOV 29 (TUE) | 6:00 PM
CYBER CAFE & 101S

MOVIES.FSU.EDU

EVENTS ARE FREE AND OPEN TO THE GENERAL PUBLIC | MOVIES ARE FREE WITH CURRENT FSU ID
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Secret #6: Taking turns and sharing don't have to be traumatic.

As an adult, you know you have to wait in line sometimes, and you're comfortable with it as long as no one cuts in front of you. Kids have the same expectation of fairness, say teachers. Most will share and take turns as long as the system is fair. "When two children are arguing over one object, we talk about how fighting won't fix the problem but will only make them cry and feel angry," says Drolette. "I tell the one who's most upset, 'Let me hear Billy and then I'll hear you.' He'll immediately calm down because he now knows that I'll listen to both sides." Then she gets the children to agree that in the future they'll ask for the toy nicely and relinquish it when they're finished with it. "Seven times out of ten, the child will hand over the toy right then and there." If this approach doesn't work, you may have to formalize the sharing process. Give the child waiting for a toy (as well as the one already playing with it) an accurate measure of how long until it's her turn, rather than just saying wait until "later" or that she'll get her turn "in a little while," says Johnson. She's had success using egg timers and clocks to schedule use of a popular toy. Curtis has even used a sign-up sheet for some highly desirable items. "Even a three-year-old can understand that it will be her turn when her name comes up. It also serves as a graphic representation of the concept of waiting your turn, and its good practice for kids to print their name on it," she says.

Secret #7: Play may be all the education your preschooler needs.

"I'd like to think kids go home from my class and say, 'I had great fun. I played all day,'" says Johnson, "because that's how children learn." So even if you decide to push some academics at home, the focus should be on fun rather than rote learning. It's easy to use letters in projects and games, such as Raffaelli's favorite literacy project: personalized math and counting books. "We take photographs or cut out pictures of everything that begins with a certain letter—or look for groups of one, two or three objects and so on—and make them into books." And remember, one of the reasons your child can let loose and enjoy himself in the first place is that he has his own secret weapon: a foundation of unconditional love waiting for him at home.

Source: http://www.parenting.com/article/7-secrets-of-preschool-teachers
to their friends and relatives as a way of giving thanks. Legend says that during wartime, the Chinese hid secret messages in mooncakes and were able to thwart their enemies.

Vietnamese families also celebrate an autumn festival in mid-August. Their festival is called Têt-Trung-Thu (tet-troong-thoo) or the Mid-Autumn Festival. It is also called the Children’s Festival and many activities are planned for children. According to Vietnamese folklore, parents worked so hard on the harvest, they left the children playing by themselves. To make up for it, parents would show their love and appreciation for their children at the Mid-Autumn festival. One popular activity is a candlelit lantern procession at dawn, often with lanterns the children make themselves. The lanterns represent brightness while the procession itself symbolizes success in school.

Ghana, Nigeria, and Korea also celebrate the harvest is August. Ghana and Nigeria have a Yam Festival because yams are the most common food in many African countries and are the first crop to be harvested. The Korean festival is called Chusok. Families get together and eat special rice cakes made of rice, beans, sesame seeds, and chestnuts. They also visit the tombs of their ancestors and dance traditional dances.

Southern India celebrates the harvest at a festival called Pongal in January of each year. Named after a sweet rice dish, Pongal features a community feast during which neighbors get together to share their crops and give thanks to everyone who contributed to a successful harvest.

Thanksgiving Day in Canada dates back to 1578, when explorer Martin Frobisher held a ceremony in Newfoundland to give thanks to God. This celebration is the most similar to the American Thanksgiving, even featuring many of the same foods and hymns. The similarities stem from the American Revolution, when many Americans who remained loyal to England moved to Canada, bringing their American customs with them. However, the harvest season is earlier in Canada, so they celebrate Thanksgiving in October instead of November. Canadians also celebrate on Monday rather than Thursday.

Other harvest festivals around the world include the German Erntedankfest celebrated in September each year and a Brazilian public day of thanksgiving and prayer celebrated on the fourth Thursday of November.
CREATURE FROM THE BLACK LAGOON
DEC 1 (THU) 8:30PM | PHANTOM THEATER 6 | 115 min | 1954
One of the first monster-thrillers to be produced, this classic film follows the adventures and mishfortunes of a research team who disturbs the habitat of a powerful and mysterious creature. The film used new and exciting technology in scuba gear and underwater photography to film the underwater scenes in Wakulla Springs, Florida! Free to the general public.

SOUTHSIDE WITH YOU
DEC 6-7 (TUE-WED) 7:30PM & 10:00PM | 84 min | 2016
This critically acclaimed romance follows the first date of Barack Obama and Michelle Robinson in southside Chicago in the summer of 1989. This election season, send off the current president by watching a movie about how it all began.

POKÉMON SUN & MOON TOURNAMENT
DEC 2 (FRI) 7:00PM @ 101s & CYBER CAFE
The ASLC Game Committee and Film Committee have come together again to present another exciting pokémon adventure. Come on out and compete in a Pokémon Sun and Moon Tournament. We will also have Pokémon Stadium/Coliseum and Pokémon Snap! Stick around after the event for the screening of Pokémon 2000, so tell everyone you know that Pokémon is coming back!

SAUSAGE PARTY
DEC 8-10 (THU-SAT) 7:00PM & 9:30PM | 8 | 99 min | 2016
Frank (Seth Rogen), a hot dog with a bun girlfriend named Brenda (Kristen Wiig), has dreams of being taken home by a customer. However, when Frank discovers his true fate of being eaten, he must team up with the likes of a taco shell, a pita, and a bagel to battle their human enemies. This animated raunchy comedy 10 years in the making also features Michael Cera, Salma Hayek, Bill Hader, and James Franco.

DON'T BREATHE
DEC 1-3 (SAT-SUN) 7:00PM & 9:30PM | 108 min | 2016
When three thieves from Detroit find out about a blind war veteran and the loads of cash in his house, they believe it will be an easy score. Little do they know that this is no ordinary war veteran. When he begins to fight back, the thieves have to come up with a whole different plan. Directed by Evil Dead remake helmer Fede Alvarez, this horror film will leave you on the edge of your seat and, ironically, out of breath.

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POKÉMON 2000
(POKÉMON: POWER OF ONE)
DEC 2 (FRI) DOORS: 11:30PM SHOW: 12:00AM | 99 min | 1999
He got it. You want to be the very best like no one ever was, and you want to catch ‘em all. The problem is that same goon, who might as well be part of Team Rocket, is causing some trouble with Moltres, Zapdos, and Articuno. Ash is going to have to care of it, like always, but he’s going to need your help. That’s the real test in a world we must defend.

PUPPER PARTY
DEC 8 (THU) 6:00PM @ 101s & CYBER CAFE
Chase those winter (and finals week) blues away with dogs! Featuring the TMH Therapy Animals, de-stressing activities, and free food, there’s everything you need to relax a little before finals week is here.

POKÉMON SUN & MOON TOURNAMENT
DEC 2 (FRI) 7:00PM @ 101s & CYBER CAFE
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POKÉMON TRIVIA NIGHT
DEC 3 (SAT) 8:00PM @ CYBER CAFE
Are you the very best? Well then come and prove your Pokémon knowledge and compete to be the Master Trainer. Extra points to those who come sporting the gear of their favorite trainers. FSU, we choose you!

641 MURIEL COURT
DEC 4 (SUN) 7:00PM | 90 min | 2016
This documentary film examines the murders of Helen Sims, her husband Dr. Robert Sims, and their 12-year-old daughter, Joy, on October 22, 1966. Using archival footage and never-before interviewed subjects, including the two main suspects, four FSU filmmakers attempt to crack a case that has haunted Tallahassee for 50 years. Hosted by the College of Communication & Information.

HOUSE
DEC 8 (FRI) DOORS: 11:30PM SHOW: 12:00AM | 88 min | 1977
The Japanese film company behind the Godzilla films paid a writer to create a movie like Jaws. Instead of a shark gone wild, they envisioned carnivorous pianos and floating cats haunting a young girl and her friends during their summer vacation. This movie is one incredible, surreal, and especially weird ride. Presented in Japanese with English subtitles.

F1 SCREENINGS
DEC 15 (TUE) 7:00PM | 105 min | 2016
Film School screenings are free to the general public. No tickets required.

POKÉMON TRIVIA NIGHT
DEC 3 (SAT) 8:00PM @ CYBER CAFE
Are you the very best? Well then come and prove your Pokémon knowledge and compete to be the Master Trainer. Extra points to those who come sporting the gear of their favorite trainers. FSU, we choose you!

GRINDHOUSE COFFEE MORNINGS
MON-FRI: 8:00AM - 12:30PM
MOVIE NIGHTS
MON-SAT: 5:00PM - 11:00PM
*Open until 12:00AM for midnight screenings

DON'T BREATHE
DEC 1-3 (SAT-SUN) 7:00PM & 9:30PM | 108 min | 2016
When three thieves from Detroit find out about a blind war veteran and the loads of cash in his house, they believe it will be an easy score. Little do they know that this is no ordinary war veteran. When he begins to fight back, the thieves have to come up with a whole different plan. Directed by Evil Dead remake helmer Fede Alvarez, this horror film will leave you on the edge of your seat and, ironically, out of breath.

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**THURSDAY THROWDOWN**
**NOV 3 (THU) 6:00PM @ CYBER CAFE**
Fightética, chess, and Bridge. Practice and compete every other week in your favorite fighting games, featuring Super Smash Bros. Melee and WiiU, Ultra Street Fighter IV, Mortal Kombat X, and Street Fighter V! Find us in the Cyber Cafe and be ready for impromptu tournaments.

**SUICIDE SQUAD**
**NOV 3-5 (THU-SAT) 7:15PM & 10:15PM**
PQ-13 & 123 min | 2016
Faced with a supernatural threat, a U.S. intelligence officer (Viola Davis) assembles a force of incarcerated criminals to take up the task. Now armed with government weapons, Deadshot (Will Smith), Harley Quinn (Margot Robbie), Killer Croc, Katana, and others must team up and enter battle, all while the diabolical Joker (Jared Leto) launches an agenda of his own.

**WHO’S AFRAID OF VIRGINIA WOOLF?**
**NOV 3-4 (THU-FRI) 8:30PM @ PHANTOM THEATER**
131 min | 1966
George (Richard Burton) and Martha (Elizabeth Taylor) invite a young couple that they had met earlier to join them for drinks at their house, but their hostile actions towards each other create an uncomfortable environment and soon reveal that their relationship has been unraveling for years. This award winning drama was based on the play by Edward Albee. Free to the general public.

**BRICK**
**NOV 4 (FRI) DOORS: 11:30PM SHOW: 12:00AM**
PHANTOM THEATER @ 116 | 2005
Joseph Gordon-Levitt stars in this one-man thriller about a high school student on the search for his ex-girlfriend after she makes a frantic phone call to him asking for help. His search leads him to discover the underbelly of a California suburb town, and what he finds just might kill him. This movie is free to the general public.

**LAN PARTY WITH ACM**
**NOV 5 (SAT) 12:00PM - 11:00PM @ 101s & CYBER CAFE**
Calling all gamers! The ASCL Game Committee and ACM have come together to bring an event like no other! Bring your personal computers to the ASLC for an all-day extravaganza! There will be mini events like a Lol and Overwatch Competition. There may even be a chance to get your hands on some Virtual Reality technology. Follow ASCL Gaming at FSU for more info.

**BEFORE THE FLOOD**
**NOV 7 (MON) 7:00PM ADVANCED SCREENING**
99 min | 2016
Featuring appearances by Leonardo DiCaprio, Bill Clinton, and Pope Francis, this documentary looks into how climate change is affecting our environment and our options for protecting endangered species, ecosystems, and native communities. Co-sponsored by the Asian American Student Union.

**OPEN MIC NIGHT FEST. SAVING SMILES FSU**
**NOV 8 (TUE) 8:00PM @ CYBER CAFE**
Want to play music, dance, make people laugh, or read your own original writing to an audience? Come sign up at the info desk the day of the event and show off your talents. And while you’re smiling the night away, be sure to come with dental health supplies to donate to Saving Smiles FSU.

**NUTS!**
**NOV 9 (WED) 7:30PM**
NR | 79 min | 2016
In this mostly animated, mostly true story of John Ramulus Bristleby, a small-town Kansas doctor discovers that he can cure impotence by transplanting goat testicles into men. From there, the story only gets stranger. This screening is supported in part by a grant from South Arts in partnership with the National Endowment for the Arts.

**INDIE GAME NIGHT**
**NOV 10 (THU) 6:00PM @ 101s & CYBER CAFE**
Everyone loves rooting for the underdog! Indie Game Night will feature a selection of games made by developers who didn’t receive the funding they deserved. Come out and discover games you’ve never heard of and maybe find a new favorite!

**FRIDAY**
**NOV 10 (THU) 7:30PM & 10:00PM**
NR | 95 min | 1995
Craig (Ice Cube) finds himself mixed up in his friend Smokey’s (Chris Tucker) problems when a drug dealer demands that they pay back the $200 that Smokey owes him by 10:00pm. This film has endless amounts of laughs and contains a soundtrack full of songs by artists like Dr. Dre and Cypress Hill.

**3 IDIOTS**
**NOV 14 (MON) 7:00PM**
PQ-13 | 170 min | 2009
International Education Week: Join Internationale for a screening during International Education Week! This Indian comedy starring Aamir Khan follows a group of friends as they remember their college days. The film has become an international cult classic. Free to the general public. Presented in Hindi with English subtitles.

**DISNEY KARAOKE NIGHT WITH AASU**
**NOV 14 (MON) 8:00PM**
Whether you wake up and sing along to birds with the classic princesses or you just can’t let go of those new modern favorites, the ASLC and AASU want you to show your Disney spirit and come enjoy a night filled with magic where dreams come true. Sing with us, sing with your friends, & sing with all the colors of the wind.

**THE WAILING**
**NOV 15 (TUE) 7:00PM & 10:30PM**
NR | 156 min | 2016
International Education Week: A policeman teams up with a shaman and a mysterious woman in order to investigate unexplainable murders and illnesses throughout a small-town in South Korea. This universally acclaimed horror-thriller film is presented in Korean with English subtitles.

**THE EDGE OF SEVENTEEN**
**NOV 16 (WED) DOORS: 6:30PM | SHOW: 7:30PM**
ADVANCED SCREENING
92 min | 2016
After her friend Krista starts dating her crush, Nadine (Hailee Steinfeld, Pitch Perfect 2) struggles with the unbearable reality of high school life. After accidentally sending a text to her crush asking for help. His search leads him to discover the underbelly of a Californian suburb town, and what he finds just might kill him. This movie is free to the general public.

**KUBO AND THE TWO STRINGS**
**NOV 17 & 19 (THU-SAT) 7:20PM & 10:35PM**
PG | 101 min | 2016
International Education Week: Co-sponsored by the ASLC and AASU. This stop-motion animation is presented in Hindi with English subtitles. This film follows the true story of a hotel owner named Paul Rusesabagina (Don Cheadle) and how he saved thousands of lives by doing his part to help end the human suffering he witnessed. Free to the general public.

**HOTEL RWANDA**
**NOV 17-18 (THU-FRI) 8:30PM @ PHANTOM THEATER**
PG-13 | 118 min | 2006
International Education Week: Rwandas civil war ravaged the country and destroyed countless lives, but many people survived because of the courage and love demonstrated by everyday citizens. This film follows the true story of a hotel owner named Paul Rusesabagina (Don Cheadle) and how he saved thousands of lives by doing his part to help end the human suffering he witnessed. Free to the general public.

**THE ONE THING THAT RULES GAME DESIGN: WITH RON WEAVER**
**NOV 18 (FR) 4:30PM**
Have you ever deconstruct a video game down to the essential systems? What is left when you strip away all the fancy animations and epic lore? This talk uncovers games to reveal the central elements that anchors all features. And once revealed, how designers can take advantage of both positive and negative feedback loops to better balance their games. Aspiring developers will benefit from this discussion as well as those who simply love games for the way they make you think.

**FINAL FRIDAYS GAMING SOCIAL**
**NOV 18 (FR) 6:00PM @ CYBER CAFE**
Welcome to Final Fridays! Come down to the ASLC for tons of great games from different generations, Rock Band and impromptu tournaments! Expect Super Smash Bros, Mario Kart, Kirby Air-Ride, and much more.

**PAN’S LABYRINTH**
**NOV 18 (FR) DOORS: 11:30PM SHOW: 12:00AM**
R | 118 min | 2006
International Education Week: A bookish, yet adventurous girl finds herself captured by the fantasies of an ancient labyrinth. Set in 1944 Spain, the world of fairies is confronted to the tyrannical reality of the fascist armies and their crimes against small town. Guillermo del Toro’s follow up to Hellboy is one of the strongest titles in his repertoire with beautiful practical effects and inspired production. Presented in Spanish with English subtitles.

**LOS COLORES DE LA MONTAÑA**
**NOV 28 (MON) 6:30PM**
The Hispanic Graduate Student Association -HGSAS- will screen a Colombian movie that takes us to the beginning of an upcoming war but told from the perspective of kids. We will have a discussion panel afterward. Free popcorn first 50 attendees.

**TABLETOP TUESDAY**
**NOV 29 (TUE) 6:00PM @ 101s & CYBER CAFE**
Come have a seat by the hearth as we play some of the best board games around! We will have Dungeons & Dragons, Magic: The Gathering, Poker, Chess, Dead of Winter, plus much more. Invite your friends and even bring your own games to teach others!
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<td>Tuition Due</td>
<td>All Souls Day / Day of the Dead (Ecuador)</td>
<td>Nathaniel</td>
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<td>All Saints Day</td>
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<td>Ms. Beth</td>
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<tr>
<td>Daylight Savings Time Ends (Move clocks back 1 hour)</td>
<td>Election Day (US)</td>
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